

# **This is Life**

## *Life That Makes All Things New*

### Romans 6; 2 Corinthians 5

**The Big Idea:** The story of Jesus culminates in his death and resurrection, but what do we do with that now that we've moved past Easter? Jesus offers us a new life, and now is the time to take hold of it.

#### **Outline:**

1. Jesus wants to give you a new life.
2. This life is hard. Don't do it alone.
3. It may be time for a diet change.

#### **Questions for individual Bible study or group discussion:**

Getting started: What is the most rewarding experience you've had in your life? What challenges did you face, and what reward did you receive?

1. When you hear the statement "this world is not our home", what does that make you think of? In general, do you agree or disagree with this statement?
2. Read 2 Corinthians 5:1–2. What is the difference between living in a tent versus living in a house? What is the difference between the life we live here on earth, and the life we will live with the Father in Heaven?
3. Knowing that followers of Jesus have a home in Heaven waiting for us, how does that affect your outlook on the struggles of this life? How does that affect the way you look at the people around you?
4. Read Romans 5:18–6:4. What is the difference in our relationship with sin before the resurrection versus after? How can we keep ourselves from abusing the unlimited grace that God offers?
5. Read Romans 6:10–16. Have you ever found yourself to be a "slave" to something you didn't want to be controlled by? What does it take to be freed from that control? What role does God play, and what role do we play in that process?
6. Life is hard on our own. Who do you have that encourages you and helps keep you on track? Who can you invite into that type of relationship?
7. Our mental "diet" can have a big impact on the trajectory of our spiritual life. What does your mental diet consist of? What changes need to be made to get you on a healthier path?